



# Orange Community Education & Recreation

216-831-8601 x 2317

www.orangerec.com



October 2018

## Orange High School Indoor Pool

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p><b>15</b> 7-8:30 Morning Lap Swim 9-10 Aqua Exercise 11-1 Noon Lap Swim</p> <p>3-5 GLSS Bills 5-6 Brady Middle School ST 5:45-7:30 GLSS Fins 7:30-9 Masters Swim Team</p>	<p><b>16</b> 7-8:30 Morning Lap Swim 8:30-9:30 NDB Program</p> <p>3-5 GLSS Bills 5-6 Brady Middle School ST 6-6:45 GLSS Jr Sailfish 6:30-7:30 GLSS Sailfish Prep 5:45-7:30 GLSS Fins 7:30-9 Open Swim</p>	<p><b>17</b> 7-8:30 Morning Lap Swim 9-10 Aqua Exercise 11-1 Noon Lap Swim</p> <p>3-5 GLSS Bills 5-6 Brady Middle School ST 6-6:45 GLSS Jr Sailfish 5:45-7:30 GLSS Fins 7:30-9 Masters Swim Team</p>	<p><b>18</b> 7-8:30 Morning Lap Swim 8:30-9:30 NDG Program 10-12 ENG School 3-5 GLSS Bills 5-6 Brady Middle School ST 5:30-6:15 Diving Introduction 6-7:15 GLSS Sailfish Prep 5:45-7:30 GLSS Fins 6:15-7:15 Diving Intermediate 7:30-8:15 Adult LTS 7:30-9 Open Swim</p>	<p><b>19</b> 7-8:30 Morning Lap Swim 9-10 Aqua Exercise 11-1 Noon Lap Swim</p> <p>3-5 GLSS Bills 5-6 Brady Middle School ST 6-7:15 GLSS Sailfish Prep 5:45-7:30 GLSS Fins</p>	<p><b>20</b> 7:30-9 Masters Swim Team 9-12 Learn to Swim First Day Session II 12-1:30 Special Needs LTS &amp; ST 1:30-4 Open Swim</p>	<p><b>21</b> 1:30-4:30 PDR Scuba</p>
<p><b>22</b> 7-8:30 Morning Lap Swim 9-10 Aqua Exercise 11-1 Noon Lap Swim</p> <p>3-5 GLSS Bills 5-6 Brady Middle School ST 5:45-7:30 GLSS Fins 7:30-9 Masters Swim Team</p>	<p><b>23</b> 7-8:30 Morning Lap Swim 8:30-9:30 NDB Program</p> <p>3-5 GLSS Bills 5-6 Brady Middle School ST 6-6:45 GLSS Jr Sailfish 6:30-7:30 GLSS Sailfish Prep 5:45-7:30 GLSS Fins 7:30-9 Open Swim</p>	<p><b>24</b> 7-8:30 Morning Lap Swim 9-10 Aqua Exercise 11-1 Noon Lap Swim</p> <p>3-5 GLSS Bills 5-6 Brady Middle School ST 6-6:45 GLSS Jr Sailfish 5:45-7:30 GLSS Fins 7:30-9 Masters Swim Team</p>	<p><b>25</b> 7-8:30 Morning Lap Swim 8:30-9:30 NDG Program 3-5 GLSS Bills 5-6 Brady Middle School ST 5:30-6:15 Diving Introduction 6-7:15 GLSS Sailfish Prep 5:45-7:30 GLSS Fins 6:15-7:15 Diving Intermediate 7:30-8:15 Adult LTS 7:30-9 Open Swim</p>	<p><b>26</b> 6-7 Orange HS Swim Team 7-8:30 Morning Lap Swim 9-10 Aqua Exercise 11-1 Noon Lap Swim</p> <p>3-5 Orange HS Swim Team 5-6 Brady Middle School ST 6-7:15 GLSS Sailfish Prep 5:45-7:30 GLSS Fins</p>	<p><b>27</b> 7-9 Orange HS Swim Team 9-12 Learn to Swim 12-1:30 Special Needs LTS &amp; ST 1:30-4 Open Swim 4-8 JAW Scuba</p>	<p><b>28</b> 12-1:30 Masters ST 1:30-5:30 JAW Scuba</p>
<p><b>29</b> 6-7 Orange HS Swim Team 7-8:30 Morning Lap Swim 9-10 Aqua Exercise 11-1 Noon Lap Swim</p> <p>3-5 Orange HS Swim Team 5-6 Brady Middle School ST 5:45-7:30 GLSS Fins 7:30-9 Masters Swim Team</p>	<p><b>30</b> 6-7 Orange HS Swim Team 7-8:30 Morning Lap Swim 8:30-9:30 NDB Program</p> <p>3-5 Orange HS Swim Team 5-6 Brady Middle School ST 6-6:45 GLSS Jr Sailfish 6:30-7:30 GLSS Sailfish Prep 5:45-7:30 GLSS Fins 7:30-9 Open Swim</p>	<p><b>31</b> 6:30-8:30 Orange HS ST 9-10 Aqua Exercise 11-1 Noon Lap Swim</p> <p>3-5 Orange HS Swim Team 5-6 Brady Middle School ST <i>No GLSS Practice</i> <b>Happy Halloween!</b> 7:30-9 Masters Swim Team</p>	<p><b>1</b> 6-7 Orange HS Swim Team 7-8:30 Morning Lap Swim 8:30-9:30 NDG Program 3-5 Orange HS Swim Team 5-6 Brady Middle School ST 5:30-6:15 Diving Introduction 6-7:15 GLSS Sailfish Prep 5:45-7:30 GLSS Fins 6:15-7:15 Diving Intermediate 7:30-8:15 Adult LTS 7:30-9 Open Swim</p>	<p><b>2</b> 6-7 Orange HS Swim Team 7-8:30 Morning Lap Swim 9-10 Aqua Exercise 11-1 Noon Lap Swim</p> <p>3-5 Orange HS Swim Team 5-6 Brady Middle School ST 6-7:15 GLSS Sailfish Prep 5:45-7:30 GLSS Fins</p>	<p><b>3</b> 7-9 Orange HS Swim Team 9-12 Learn to Swim 12-1:30 Special Needs LTS &amp; ST 1:30-4 Open Swim 4-8 JAW Scuba</p>	<p><b>4</b> 12-1:30 Masters ST 1:30-5:30 JAW Scuba</p>